

# February

## CULINARY NEWSLETTER 2025

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### What's new?

Last month, students explored the fundamentals of stocks and sauces, culminating in a Mac and Cheese competition. As part of the challenge, they prepared a classic Béchamel sauce and elevated it to a Mornay sauce by incorporating cheese, traditionally Gruyère.



This month, students will focus on the following topics

### **Menu:**

Ch 10: Monte Cristo, Reuben, and Pizza Competition

Ch 11: Eggs, Crepes, Pancakes, and Waffles.



FCCLA competition will be coming up this month and we will be selling **World's Finest Chocolate**. Please support our FCCLA students by purchasing a bar or even a box!

### **FCCLA practice dates:**

Thursday 2/6:  
 Charcuterie, Cookies, Cakes, and Hospitality.

### **Regional competitions:**

Friday 2/7: FCCLA Competition at College of Dupage  
 Meet @ wilco am and leave at 7:30 for College of Dupage,  
 come back at 4pm to Wilco

### **Recipe for Sandwiches:**

[Monte Cristo Sandwich](#)

[Reuben Sandwich](#)

### **IMPORTANT DATES**

**Mon Feb 3:** FCCLA world's finest chocolate fundraiser begins until end of Month!

**Fri Feb 6:** FCCLA Practice

**Mon Feb 7:** FCCLA Competition.

**Mon Feb 10:** Hot Dog Sales resume

**Thurs Feb 13:** 2nd year Cafe

**Mon Feb 17** -Presidents day, No Wilco

**Thurs Feb 20:** 2nd year Cafe

**Mon Feb 24:** Hot Dog Sales

### **Event Planning (2nd years):**

Hospitality 148 students are currently creating our monthly events and Weekly Cafe Menus.  
[2nd Year Cafe Menu](#)

2nd year students are working very hard to make each luncheon unique and delicious.

For reservations  
 Call: 1-815-838-6941

**Wed March 13th** -  
 St. Patrick's Day:  
[Example of Menu](#)

**Wed April 23th** -  
 Spring luncheon  
[Example of April Menu](#)