

Chapter 11	Restraint alternatives and safe restraint use
chemical restraint	
physical restraint	
enabler	
freedom of movement	
medical symptom	
remove easily	
physical needs -- list 4 restraint alternatives	
safety & security needs -- list 4 restraint alternatives	
love & belonging -- list 4 restraint alternatives	
can you ever determine what a resident needs based on their behavior? If yes...list 3	
name 4 things YOU MUST check when you restrain a person	
how often must restraints be removed?	
what are you doing for the resident while the restraints are off?	
what does "least restrictive" mean?	
vest restraints open where?	
jacket restraints open where?	
where are restraints secured?	
what is the difference between a mitt & wrist restraint?	
what is the difference between a cloth & leather restraint?	
what is the MAJOR risk from using restraints?	
name 6 other risks from using a restraint	
can an RN order restraints?	